

## Tijuana Mission Trip — What to bring with you

Trip participants are asked to pack one bag, plus a backpack that can be used as a daypack. We have showers, water is clean at our housing site and kitchen equipment is provided. Tools for construction are provided (shovel, carry buckets, twist wire, etc.) Please look at this as an opportunity to see what you can live without!

Sleeping bag and pillow

Personal toiletries (soap, shampoo, wash-n-drys, Kleenex; bath towel and wash cloth)

Night clothes and ear plugs if you want them (we'll sleep on bunk beds)

Clothing — blue jeans or work jeans, T-shirts, old work jacket, sweat shirt, poncho, sun hat, sun glasses, shower shoes

Shoes — work boots with steel toes or a couple of work shoes

Miscellaneous items — whatever you need personally to work construction

Insect repellent containing deet

Camera and extra batteries if you want; travel alarm, small flashlight and batteries; small lock for suitcase; luggage tags

Medications as recommended by your doctor

Personal snacks for yourself, like granola bars (meals onsite are provided)

Pictures of your family and loved ones to share with friends in Mexico

Money belt (for inside your clothing); backpack and/or fanny pack

Spending money to cover special meals en route to and from Mexico, play day, activities and souvenirs

Passport (include one photocopy of front page — you will carry the copy and lock up the original)

Your smile; your sense of adventure; your ability to be flexible; your openness to new people, new places and a new way of doing things

Don't bring anything you can't afford to lose (jewelry, electronics, etc.)

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### Church of the Beatitudes United Church of Christ

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## Tijuana Mission Trip

Church of the Beatitudes in partnership with Esperanza International

February 14-20, 2010



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## Making a difference

Church of the Beatitudes has a strong belief in service. That belief is translated to community-building in Tijuana, Mexico. You will help build homes and work on other projects in many underserved communities around Tijuana. You will be immersed in Mexican culture, socioeconomic development and leadership building.

You will help build a home — hard work that requires everyone to help one another. Through the energy, resources and good will of the volunteers and families, you will make a dream come true.



Building community — Making friends — Changing lives



"I love this mission trip because it allows me to give my time, my treasures, my talents, for the betterment of ALL."

~Curt Spotts



## Getting involved

Church of the Beatitudes will be traveling to Tijuana on February 14-20, 2010. The cost for participation is \$300, and scholarships are available. The group will ride together in a van.

Please talk to Pastor Ted if you are interested in participating in this mission trip.

## Building new homes and new futures for families

Church of the Beatitudes works in partnership with Esperanza International to provide opportunities for families and communities in Mexico to become self sufficient. We are committed to involving families in the decision-making and direction, as well as in the physical work of block-making for their home construction. With this model, we provide the ability for communities to become self sustaining.

Change can happen in the lives of people when they are empowered to bring about that change. Each group that is involved becomes part of that empowered community and contributes to bring about change.

Get involved! You become the change we believe in.