

RELEASE AGREEMENT



925 1/2 Huger Street, Columbia, SC 29201
www.strongholdathletic.com • 256-9001

I, _____, hereby acknowledge that I have voluntarily applied for my minor child _____,
(print name of Guardian) (print name of Participant)

to the Stronghold Athletic Club to participate in a course of instruction and training, either in or out of the facility which will include one or more of the following activities: Rock Climbing, Bouldering, Weight Lifting and Cardiovascular activities.

I AM AWARE THAT PARTICIPATING IN ROCK CLIMBING, BOULDERING, WEIGHT LIFTING, CARDIOVASCULAR ACTIVITIES AND INSTRUCTION ARE HAZARDOUS AND I VOLUNTARILY APPLY FOR MY MINOR CHILD TO ENTER INTO THESE ACTIVITIES WITH KNOWLEDGE OF THE DANGER INVOLVED AND I HEREBY AGREE TO ACCEPT ANY AND ALL RISK OF INJURY OR DEATH. _____

(Initials of Parent
or Guardian)

In consideration of being permitted to participate in a course of one or more of the following, namely rock climbing, bouldering, weight lifting, cardiovascular instruction and activities conducted by Stronghold Athletic Club, I, for myself, my spouse, legal representatives, heirs, and assigns, hereby release, waive, and discharge The Stronghold Athletic Club, its shareholders, directors, officers, employees, agents, instructors, or any affiliated person or organization, and each of them, and their respective owners, employees, and instructors, hereinafter called Releasees, from all liability to me, my spouse, legal representatives, heirs and assigns, for any and all damage, any claim for damages resulting in my death, whether caused by negligence of the Releasees or otherwise while I am taking part in any rock climbing, bouldering, weight lifting and cardiovascular activities whether during the course of instruction or otherwise.

I hereby agree that I, my heirs, distributes, guardians, legal representatives, and assigns, will not make any claim against, sue, attach the property of, or prosecute The Stronghold Athletic Club, its shareholders, directors, officers, employees, agents, or instructors and/or any affiliated person or organization, and each of them, and their respective owners, employees, and instructors, for the injury or damage resulting from my participation in a course in any one or more of the following activities, namely rock climbing, bouldering, weight lifting, cardiovascular instruction or activities or received as a result of any of said activities.

I hereby assume full responsibility for the risk of bodily injury, death, or property damage due to the negligence of Releasees or otherwise while participating in one or more of the following activities, namely rock climbing, bouldering, weight lifting and cardiovascular activities and while competing, officiating in, working, or for any purpose participating in any of said activities. I specifically acknowledge the possibility of loss, damage, negligence and acts of god, and specifically assume the risk with regard to same.

I expressly agree that this release, waiver, and indemnify agreement is intended to be broad and as inclusive as permitted by the laws of the State of South Carolina, and that if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full force and effect.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE STRONGHOLD ATHLETIC CLUB, AND/OR PERSONS OR ORGANIZATIONS AFFILIATED WITH IT, AND I HAVE SIGNED THIS OF MY OWN FREE WILL. _____

(Initials of Parent
or Guardian)

_____ Stronghold Athletic Club has my permission to administer emergency procedures or seek medical attention for my child/guardian if needed in my absence.

(Print Name Parent or Guardian)

(Signature of Parent or Guardian)

(Signature of Group Organizer)

(Print Participant's Name)

Emergency Phone Number

Alternate Phone Number

Street Address

City, State and Zip

Email Address (for special discounts & events)

IN WITNESS WHEREOF, I have executed this release at Columbia, South Carolina, on _____ (date).