

GROW YOUR HEART

*"Above all else, guard your heart,
for it is the wellspring of life"*

Proverbs 4:23

"How is your heart?"

Three indicators of heart health

BLOOD PRESSURE

CHOLESTEROL

WEIGHT

How do you measure the health of your spiritual heart?

- Not church ATTENDANCE or religious ACTIVITY
- GOD ALONE can grow a healthy spiritual heart
"...for it is God who works in you to will and to act according to his good purpose." Philippians 2:13

How is your heart? Where are you spiritually?

"But the LORD God called to man, 'Where are you?'" Genesis 3:9

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FOUR STAGES OF SPIRITUAL HEART GROWTH

1. When you are EXPLORING Christianity
Phillip and the Ethiopian—Acts 8:26-40

- You believe in God but are not sure about JESUS
- Your FAITH is not significant
- You need help in SPIRITUAL MATTERS
- You only seek God when DESPERATE

You Need: A Friend...A Fault...A Find

2. When you are GROWING in Christ
"Come, follow me," Jesus said, "and I will make you fishers of men" Matthew 4:19

- You BELIEVE in Jesus for salvation and eternity
- You are working toward a PERSONAL RELATIONSHIP

You Need: To start and continue the spiritual habits

3. When you are CLOSE to Christ
"...they took note that these men had been with Jesus" Acts 4:13

- You depend DAILY on Jesus
- You want to go DEEER
- You are looking for SPIRITUAL FRIENDSHIPS

You Need: Opportunities for growth and meaningful service

4. When your life is CENTERED in Christ
"I want to know Christ and the power of his resurrection and the fellowship of his suffering, becoming like him..." Philippians 3:10

- You are surrendered and devoted FULLY
- God is your FIRST LOVE
- All of your life REFLECTS CHRIST

"And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus"
Colossians 3:17

Where are you? Genesis 3:9
Where do you want to be?

1. Need to 2. Have to 3. Want to 4. Love to