

THE ROAD TO R.E.C.O.V.E.R.Y.

“Coming Clean”

R.E.C.O.V.E.R.Y.

Step 1: **R**ealize that I’m not God. I admit I’m powerless to control my tendency to do the wrong thing and my life is unmanageable.

Step 2: **E**arnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.

Step 3: **C**onsciously choose to commit all my life and will to Christ’s care and control.

Step 4:

Openly EXAMINE and CONFESS my faults to myself, to God and to SOMEONE I trust.

“What happiness for those whose guilt has been forgiven! What relief for those who have confessed their sins and God has cleared their record.” Psalm 32:1-2

THE REASON FOR THIS STEP

1. Guilt destroys my CONFIDENCE
2. Guilt damages my RELATIONSHIPS
3. Guilt keeps me STUCK IN THE PAST

“You will never succeed in life if you try to hide your sins. Confess them and give them up, then God will show mercy to you.” Proverbs 28:13

HOW DO I TAKE THIS STEP?

1. Take a personal moral INVENTORY
“Let us examine our ways and test them.” Lamentations 3:40
“Search me, O God, and know my heart, test my thoughts. Point out anything you find in me that makes you sad.” Psalm 139:23-24
2. Accept RESPONSIBILITY FOR MY FAULTS
“The Lord gave us a mind and a conscience. We cannot hide from ourselves.” Proverbs 20:27
“If we claim to be without sin, we deceive ourselves and the truth is not in us.” John 1:8

3. **Ask GOD FOR FORGIVENESS**

"If we freely admit that we have sinned, we find God utterly reliable...he forgives our sins and makes us thoroughly clean from all that is evil." 1 John 1:9

"No matter how deep the stain of your sins, I can take it out and make you clean as freshly fallen snow." Isaiah 1:18

4. **Admit my faults TO ANOTHER PERSON**

"Admit your faults to one another and pray for each other so that you may be healed." James 5:16

5. **Accept God's forgiveness and FORGIVE MYSELF**

"All of us have sinned...yet God declares us not guilty if we trust in Jesus Christ, who freely takes away our sins." Romans 3:23-24

"There is no condemnation for those who live in union with Christ Jesus." Romans 8:1