

How to Prayerwalk

Prayerwalking is a strategic form of prayer with a specific focus. It usually focused on a specific group of people, in a specific geographical area. To incorporate this form of prayer in your life, simply take the first step.

- **Begin by praying for the location where you should begin.** As you pray, ask the Lord to encourage the hearts of those in your church to desire praying for your community in this way. Pray for direction picking the day to prayerwalk.
- **Next, pick a date and time to prayerwalk the location the Lord laid on your heart.** You can go alone, or get a group together.
- **Plan the Prayerwalk Event.** Map out the area so assignments can be made. Plan a time to train those going on how to pray as they walk before the prayerwalking event takes place.
- **Prayerwalk!** Meet together before groups go out, and be sure they know what time to meet back at the church to share what happened. Place door hangers on doors to let those in that neighborhood know they were prayed for, and be sure to include information about your church.

Get out there, get moving, and see how the Lord moves because of the prayers said for those who are in need in and around your church. Lives will be changed! For more information on prayerwalking, visit www.praysc.info or contact the Prayer Office with the information listed on the back of this brochure.

How to Pray

Whether it's at work, at home, or at play, our relationships with others are built and strengthened because of our ability to communicate. When communication breaks down in these relationships jobs are placed in jeopardy, marriages end, families break apart, and friendships are frayed. If communication is a key factor to building healthy relationships with fellow humans, it is THE key factor in building our relationship with God.

This brochure can be a valuable resource for showing others how to develop their prayer life. It can also help you take a look at your own prayer life, and the prayer life of your church. It contains just a glimpse of the resources that you can find available on the prayer website that is a part of the South Carolina Baptist Convention. If you'd like more information to help you in your own conversations with the Lord, or to be able to start a prayer minister in your church, please visit the site at www.praysc.info. Also, feel free to contact us with any questions you might have at the contact information available below.



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How to...

A guide to help you
add prayer to your life
and to the life of
your church

How to Have a Quiet Time

A quiet time is a period of time set aside for conversation and communion between you and God. Below are some practical suggestions to help guide you in your time with God :

- **Map out a specific time to meet** - Set up a specific time each day where you know you will spend that time with God. Once that time is established, you will be less likely to plan anything that will make you miss it
- **Pick a specific place to meet** - For some a big easy chair with a warm blanket in their den is best. Others like to be where they can watch the sunrise or sunset. Wherever you pick a place, it needs to be quiet so that distraction can be at a minimum.
- **Have a plan** - Like an arrow needs a target, your quiet time needs a focus. In the beginning, start out with picking a book of the Bible and just read a few passages. Just be sure to include in your plan these things; Bible study, prayer, personal worship, and quiet meditation.
- **Find accountability** - Ask a few close friends, or spouse/family member/roommate, to question you on occasion about your time with God. They should ask you how often you have been meeting with Him, and what you have been learning. But don't forget, accountability only works if you are honest in return. Once you request from your friends this help to stay on track, you may find that they desire the same accountability from you.

During your time with God, also consider spending time in some of these areas:

Praise & Singing

Thanksgiving

Intercession

Meditation

Waiting & Listening

Confession

Petition

Scripture praying/reading

How to Prep for Prayer

For every task that is at hand, it is important to prepare for the work that needs to be done to accomplish it. If you desire to plant a garden, you have to plow up the land before you plant the seed. In the same way, it is important to plow the field of your heart to make it ready for communicating with our Heavenly Father. Some questions to ask yourself might be the following:

1. Was there a time when I first confessed my sins and need for a Savior?
2. Do I spend time with the Lord and read his word?
3. Is there anyone in my life that I'm holding a grudge against, or haven't forgiven?
4. Have I failed to put God first in my life, and instead followed my own desires instead of God's will?
5. Has the Lord asked something of me, and I chose not to obey?
6. Have I watched movies, TV shows, or listened to music that wasn't edifying of Christ?
7. Do I have some personal habits that are impure and need to be confessed?
8. What is my attitude like? Do I complain often and point out the flaws in others?

It is in these confessions of the heart that we will find our relationship with God restored. However, honesty is a must if you really desire to communicate with the Lord and develop a deeper relationship with Him. For a complete list of questions to help you prepare your heart for prayer, visit our website www.praysc.info.

How to Pray for the Lost

Everyday, you interact with people who do not have a saving knowledge of Jesus Christ. As you are praying and walking the streets of your community, the Holy Spirit will begin to move in your heart, and you will be moved to seek God's direction in seeing salvation come to them. As this stirring in your heart begins, there are some specific passages of scripture and parts of prayer that will assist you in fulfilling this calling that God has given each of us who believe in Him.

Here are some specifics to pray based on what scripture says:

- **Luke 8:5-12** - Pray that the hearts of those who do not believe will be open to hearing the Gospel. Pray that they will be like "good soil" ready for the Word to take root.
- **Matthew 13:15** - Pray specifically that God would open the ears and eyes of the lost that they may see their need for forgiveness and salvation.
- **John 16:8** - Pray that their thoughts about sin will be that of God's.
- **2 Corinthians 10:3-4** - Pray that their hearts will be freed from Satan's stronghold so that they can accept the message.
- **Romans 12:1-2** - Pray that their minds will be renewed and changed towards Christ.
- **Matthew 9:35-38** - Pray that God will lead the heart of workers to go into the "harvest field".

Praying for the lost is one example of intercessory prayer. It is important that the names of those who do not yet know Christ are lifted up in prayer as we are ministering to them. As we see in scripture, God desires for all mankind to know him. As believers, it is our responsibility to do our part in seeing that fulfilled, and prayer is the place to start.