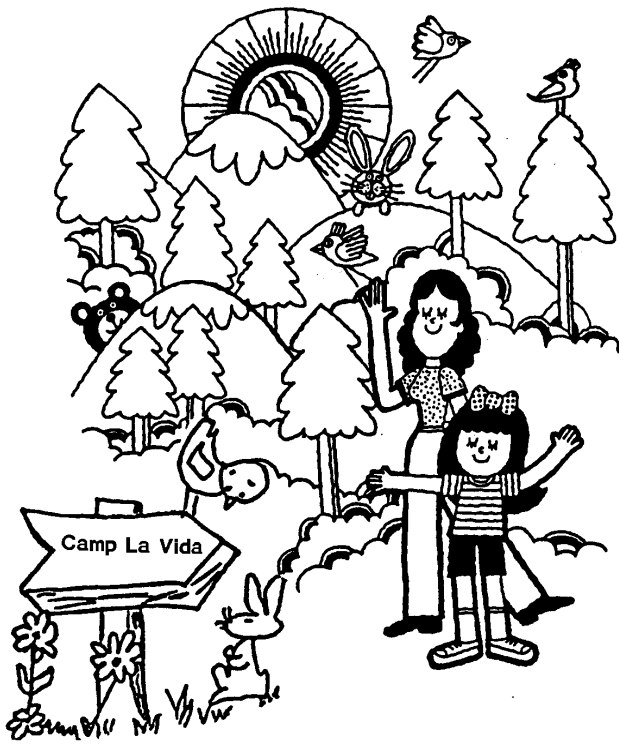


# What happens during a Mother/Daughter Overnight?



During a Mother/Daughter Overnight at Camp La Vida, you will have many fun and exciting opportunities while experiencing a little taste of camp with your daughter. You will hear about the work and ministry of both North American and International missionaries, and you will have free time to choose from activities such as swimming, canoeing, and hiking. You will experience cabin life as you meet and share space with cabin mates from different churches who will quickly become your friends, and you will taste delicious meals prepared by our Dining Hall staff. Additionally, you will make a craft to take home as a memory of this special Mother/Daughter time. The staff anxiously awaits your coming so they can lead you in this special time of fun, fellowship, learning new songs, and worship...and a staff talent show!

Registration for Mother/Daughters Overnights starts at 4 PM with supper at 6 PM. Those arriving between 4:00 - 5:30 PM can enjoy hiking, swimming, canoeing, and the canteen and camp store. Camp ends Saturday at 1:30 PM (after lunch and a closing time).

Upon registering a receipt will be mailed. In May the contact person will be mailed packets with a registration form, what to bring, general information, and a map for each mother/daughter.

## Here's a checklist to help you get ready for camp.

- Bible
- Flashlight
- Pencil & scratch pad
- Comfortable shoes with enclosed toes and heels and socks, so no blisters (no Crocs or Heelys)
- Soap & toiletry articles
- Water bottle
- Bug Spray
- Sunscreen
- Swimsuit (one piece or covers midriff)
- Tote bag for pool
- Raincoat or umbrella
- Sweater or jacket
- Twin sheets, blanket, pillowcase and pillow or sleeping bag
- Towels & washcloths

Dress is casual comfortable clothes. **Shoes with enclosed heels & toes must be worn outside of cabin at all times** (no Crocs or Heelys). If hiking, bring comfortable shoes and socks.

All cabins and buildings are air conditioned.

There will be a Camp La Vida banner on the outside wall of the Dining Hall where you can take your picture (or a group picture) using your own camera to commemorate your time at Camp La Vida.