

# Small Groups Resources Guide

## ☛ **BIBLICAL & TOPICAL STUDIES**

### Doing Life Together Series

This series is based on the *Purpose Driven Life* and looks at the following topics:

- Beginning Life Together (6 sessions)
- Connecting with God's Family (6 sessions)
- Growing to Be Like Christ (6 sessions)
- Developing Your Shape to Serve Others (6 sessions)
- Sharing Your Life's Mission Every Day (6 sessions)
- Surrendering Your Life for God's Pleasure (6 sessions)

<http://www.saddlebackresources.com/en-US/SmallGroups/SmallGroupsHome.htm>

### LIQUID SERIES

<http://www.experienceliquid.com/>

Designed specifically for your small group, LIQUID is a DVD-based experience that features five 10-minute episodes in each series along with a reflections guide. This modern-day film series mirror ancient biblical stories with emotionally provoking videos, introspective questions, and tips for leading a small group.

#### • **Money Talks**

Do you love me? Do you trust me? Do you live for me? Do you want more of me? It's funny how money and God say some of the same things. If you think you have ever had issues with money, you should meet the Penders. Money is a part of all our lives, but to this California family, money is everything. Their outrageous view of money provides an amusing yet insightful reflection on struggles we all face in our consumer-driven culture. Money Talks take a lighthearted but important look at one of the more difficult issues of our faith: money and stewardship. (5 sessions)

#### • **Live At Five**

Being on live TV can be a frantic, stressful time. It can bring out the best in people, and it can bring out the worst. Some rise to the occasion and some melt under the lights. That's what the book of James is all about. Looking into the heart of people, what they say, how they act. Told from the perspective of a firsthand reporter - James, the half brother of Jesus - we get a great perspective on some of life's most important issues. The book of James is about how to live life, and how to live it practically. It's exciting, a lot like watching live TV. (5 sessions)

#### • **Mirror Image**

At least once a day we look into a mirror and see an image of ourselves. But have you ever stopped to think about the image you're looking at? A mirror image is actually a reverse picture. Left is right, right is left. A mirror image shows us things from the opposite perspective. The parables do the same thing. They have a way of getting people to look at their lives in a different way. From a different perspective...a mirror image. (5 sessions)

- **Fork In The Road\***

A fork in the road...it always begs the question: which way will you go? It requires a decision. Sometimes the decision is well-thought out. Other times we're forced to decide in a split second which direction to take. We've all had fork in the road moments, just like King David, a great man of God. Sometimes he chose the road to greatness, occasionally his choices took him down the road of heartbreak. Just like us...life had a way of leading us to a fork in the road. (5 sessions)

- **Crossing\***

Life is a journey. All along the way we reach points where we have to decide if we're going to step out in faith and let God take our lives to a different place, or if we're going to let fear and insecurity paralyze us and keep us from crossing over. Making a crossing always calls for uncommon courage, faith, and obedience. Joshua demonstrated this in winning the land God had promised to his people. The only way to get to the other side of life's challenges and changes is to step out in faith and cross over—just like Joshua and the Israelites. (5 sessions)

- **The Ten: 1-5\***

This study focuses on the first five of the Ten Commandments, allowing participants to explore and deepen their understanding of God's laws to His people. Each episode introduces present-day character whose problems and struggles mirror biblical stories, illustrating that God's Word is as true today as it was when it was written. (5 sessions)

### **The Way of a Worshiper**

This small group study is not about music. It's not even about going to church. It's about living your life as an offering of worship to God. It's about tapping into the source of power to live the Christian life. And it's about discovering the secret to friendship with God. In these four video sessions, Buddy Owens helps you unpack the meaning of worship. Through his very practical, engaging, and at times surprising insights, Buddy shares truths from Scripture and from life that will help you understand in a new and deeper way just what it means to be a worshiper. (4 sessions)

<http://www.saddlebackresources.com/en-US/SmallGroups/SmallGroupsHome.htm>

### **One Month to Live**

This study offers fresh strategies for overcoming habits that mire Christians in mediocrity. These strategies come to life through Kerry & Chris Shook's personal video lessons, inspiring testimonies, and questions for reflection. Individuals will examine how they can live passionately, love completely, learn humbly, and leave boldly to create a legacy that endures for generations after they're gone. Through this life-changing journey, individuals and small groups will learn to embrace their own mortality and live their lives more fully—with no regrets. (6 sessions)

<http://www.onemonthtolive.com/>

### **The Ever Loving Truth**

Addresses the cost of being a 21st century Christian and helps adults apply the unchanging truth of God's Word to contemporary life issues. Participants will find this study leads them to evaluate what it means to be a Christian today. (8 sessions)

<http://www.lifewaystores.com>

### **On Mission with God**

This study shows how God reveals Himself to us so we can adjust our lives to His. The only way He does that is when we completely allow Him to manifest Himself through us. As we experience God on mission, we allow God to reveal Himself through us. (8 sessions)

<http://www.lifewaystores.com>

### **Experiencing God**

This class will help any believer renew and revitalize their love for the Lord by seeing His love for us. *Experiencing God* is designed to help each of us recognize our own personal relationship with God as He reveals His divine plan and guiding hand. (12 sessions)

<http://www.lifewaystores.com>

### **Fingerprints of God: Recognizing God's Touch on Your Life**

You know how meaningful a touch can be--soothing, encouraging, warm. But can the invisible God warm you with His unseen hand? Can His touch affirm you and guide you? Can His embrace comfort you and restore your sense of value? In her poignant, winsome say, Jennifer Rothschild reveals that God's touch is not skin on skin, but it's just as real. No human touch can be so intimate, so true. And your very life is covered with His fingerprints. (7 sessions)

<http://www.lifewaystores.com>

### **The Truth Project**

The Truth Project is a systematic and comprehensive biblical world view study that looks at all of life. This study will equip you to make a Christ-centered difference on culture by applying God's principles to daily life. (12 sessions)

<http://www.thetruthproject.org/>

### **Live a Praying Life**

Get serious about prayer with this in-depth, everything-included interactive Bible study! Dean's insightful overview addresses foundational questions such as "If God is sovereign, why should I pray?" and "Why are His answers often delayed?" You'll also find advice on cultivating a vibrant prayer life, daily exercises, Scripture reading assignments, space to journal, and more. (12 sessions)

<http://www.christianbook.com>

### **Spiritual Warfare**

This interactive study explores the biblical issues in spiritual warfare. Men will also come to understand the difference between God's voice and Satan's voice and how to respond appropriately. This study also evaluates popular issues in the spiritual-warfare movement today. (9 sessions)

<http://www.lifewaystores.com>

### **Discerning the Voice of God**

Having a hard time knowing what God is saying versus what others are saying? This Bible study from author and speaker Priscilla Shirer is designed to help participants know the voice of God: His language, character, and tone of voice. By growing closer to God through His Word, participants will be able to discern God's voice from the voice of strangers. (7 sessions)

<http://www.lifewaystores.com>

### **Downpour**

Author and Pastor James MacDonald encourages believers to accept the challenge to “let us return to the Lord” (Hosea 6:1). Using session titles like “Sin in the Mirror,” “Self in the Dirt,” “Christ on the Cross,” and “Spirit in Control,” this study leads Christians to take the personal steps they need to return to the Lord and experience spiritual renewal and victory. (12 sessions)

<http://www.lifewaystores.com>

### **Developing a Faith that Works**

Join Pastor Rick Warren as he examines James in this two-volume small group study. The study guide is designed to follow along with each video lesson and contains study questions as well. (Volume 1 - 6 sessions & Volume 2 – 6 sessions)

<http://www.saddlebackresources.com/en-US/SmallGroups/SmallGroupsHome.htm>

### **The Mind of Christ**

This in-depth discipleship study based on Philippians 2:5-11 teaches believers how to think the thoughts of Christ or how to have the mind of Christ. This practical, thoroughly scriptural study includes topics like freedom in Christ, becoming like Christ, the servant mind, the glory of humanity, Christ's conduct among humans, living in the Spirit, the poles of holiness and love, the crucifixion, the resurrection, and the kingdom within. (12 sessions)

<http://www.lifewaystores.com>

### **Sent: Living the Missional Nature of the Church**

Throughout history, God has always been a sender. After all, He sent us His son, who in turn sends us. With Sent: Living the Missional Nature of the Church, Ed Stetzer issues a call to a new kind of missional living, one that engages culture, enables Christians to live in the world while not being of the world, and motivates the purposeful sharing of the story of Christ. Uncover the meaning of missional and explore where you fit into the overall purpose of the church. (5 Sessions)

<http://www.lifewaystores.com>

## ☛ **MARRIAGE STUDIES**

### **FIREPROOF Your Marriage**

FIREPROOF Your Marriage series studies God's love for us, His plan for relationships and the steps we can take to find or build truly loving relationships. (6 Sessions)

<http://www.christianbook.com>

### **Extraordinary Marriage**

Extraordinary Marriage casts a vision of God's design for marital intimacy and provides the practical guidance couples need to develop their own kingdom-focused marriage plan. (7 sessions)

<http://www.lifewaystores.com>

### **A Marriage for All Seasons**

*A Marriage for All Seasons* is a study designed to guide couples in building stronger more intimate marriages that will stand the test of time. This study will help couples understand their strengths, how to resolve conflict, and keep the flame of love alive forever. (9 sessions)

<http://www.christianbook.com>

### **Making Love Last Forever**

This interactive study leads married couples to understand happiness as it relates to them individually and to their relationships. Dr. Smalley's material reveals how to develop the best kind of love and to balance your happiness with your mate's. (12 sessions)

<http://www.christianbook.com>

### **Men Are Like Waffles, Women Are Like Spaghetti**

In this refreshing, humorous look at relationships, Bill & Pam Farrel explain why a man is like a waffle (each element of his life is in a separate box), why a woman is like a plate of spaghetti (everything in her life touches everything else), and how the differences can work for you. (12 sessions)

<http://www.lifewaystores.com>

### **6 Secrets to a Lasting Love**

This study helps to recapture your dream marriage, rekindle the romance with your spouse, and experience levels of love, commitment and intimacy beyond your wildest dreams. Marriage experts Dr. Gary and Barbara Rosberg share the six secrets that will help you and your spouse recreate the marriage you dreamed of. (7 sessions)

<http://www.lifewaystores.com>

### **The 5 Sex Needs of Men & Women**

New, biblically-based study teaches principles for healthy, anchored, and enjoyable marriages. The resource is ideal for couples, a small-group study, or a marriage retreat. In this DVD-driven study America's marriage coaches explain the 5 needs of women and men in the area of sexual intimacy. With appropriate sensitivity the Rosbergs present this message to a live audience. (12 sessions)

<http://www.lifewaystores.com>

## ☛ **EVANGELISM**

### **Becoming a Contagious Christian**

Based on book by Mittelberg, Strobel and Hybels. Learn to communicate your faith in a style that fits you. (8 sessions)

<http://www.zondervan.com/Cultures/en-US/Product>

### **Just Walk Across the Room**

Based on book by Bill Hybels. Discussion on how to naturally share your faith with people who we are in contact with on a regular basis. Very thought provoking as you look at where these opportunities are in your life. (4 sessions)

[http://www.justwalkacrosstheroom.com/resources\\_for\\_smallgroups.aspx](http://www.justwalkacrosstheroom.com/resources_for_smallgroups.aspx)

### **Go Fish**

Fishing stories. We've all heard them. "It was this big." "You should have seen the one that got away." People love to tell stories of their fishing adventures. When it comes to faith, however, most people clam up. Why is it we can't talk about what God has done in our lives as naturally as we can spin fishing tales? Includes 6 sessions, entitled: We Were All Fish Once, Why Fish?, Fish Guts, Fishing Buddies, Muddy Water, and The One That Got Away. Each session includes fifteen to twenty minutes of teaching followed by several discussion questions. (6 sessions)

<http://resources.northpoint.org/store/shop.do?cID=1>

### **Share Jesus Without Fear**

This popular evangelism resource presents a simple and relational approach to witnessing that underscores the dependence of God's power for the results. Birthed out of the radical life-transformation of its author (former brothel-owner turned Christ-follower), method teaches believers how to navigate a witnessing conversation in everyday situations. (4 sessions)

<http://www.lifewaystores.com>

### **The Way of the Master**

This course will teach you to overcome your fears by using a proven, powerfully effective way to make the gospel make sense to those you care about. Learn to bypass the intellect (the place of argument) and speak directly to the conscience (the place of knowledge of right and wrong) - the way Jesus did. Ideal for groups of all sizes; weekly homework assignments will gradually coax you out of your comfort zone to begin sharing your faith confidently and biblically. (8 sessions)

<http://www.christianbook.com>

## ☛ BETH MOORE STUDIES

All Beth Moore studies: <http://www.lifewaystores.com>

### **Breaking Free**

In *Breaking Free*, best-selling author and popular Bible teacher Beth Moore takes you on a journey to discovering true spiritual freedom by identifying spiritual strongholds and removing all obstacles that hinder you from enjoying the benefits of a relationship with God. Learn to make the freedom in Christ a daily reality through the truth of God's Word...truth that will set us free. (11 sessions)

### **Believing God**

Is your belief system working? Convinced that the faith of many contemporary believers does little to make the gates of hell tremble, Beth Moore calls us to take hold of God's promises and go beyond "just getting by." Experience a fresh faith explosion---and break new ground in the Bible's "promised land" of kingdom power! (11 sessions)

### **A Heart Like His**

This in-depth study of King David, focusing on his years as God's chosen king of Israel. Beth invites you to join her on an exciting and intimate journey to know King David, the man after God's own heart. On this journey you will experience the ups and downs of the shepherd king, and you will come to know and love his God in a new way. (8 sessions)

### **Beloved Disciple: The Life & Ministry of John**

Through Beth Moore's study of the extraordinary biblical figure, John, she conveys that he had the God-given gift of seeing a larger picture. Accentuating that his love relationship with Jesus Christ profoundly influenced everything he did and wrote, she helps women know the one called the "beloved disciple." (11 sessions)

### **Daniel**

Join Beth Moore in a study of the life of Daniel in an extremely contemporary way. Explore the fascinating prophecies from the time of Daniel through the second coming of Christ. This study will show you how individuals can live with integrity in today's self-absorbed society. (12 sessions)

### **The Patriarchs**

Beth Moore's newest study takes participants into the heart of Genesis 12 – 50 to study God's remarkable pursuit of relationship and the unfolding of His earthly plan: that through one nation and ultimately, one man, all people on earth will be blessed. Participants will explore concepts such as blessing and covenant and the impact each has on a believer's life today (11 sessions)

### **Jesus the One and Only**

Using the Book of Luke, the other Gospels, and additional Scripture, Beth Moore brings participants to new insights and understanding of the life of Christ. As women explore Scripture passages, they will encounter life-changing truths that can encourage and challenge them in daily living. (11 sessions)

### **A Woman's Heart**

Taken primarily from the Book of Exodus, *A Woman's Heart: God's Dwelling Place* by Beth Moore will take you on a fascinating journey into why God would chose to live in a wilderness tabernacle, made by human hands. Discover the parallels of the Tabernacle's building and your life as a chosen vessel of God. (11 sessions)

### **Living Beyond Yourself**

This exciting study will equip believers to come to know the freedom of a life filled with peace, joy, gentleness, and other positive characteristics (Gal. 5:22-23). By encouraging participants to develop and maintain an intimate relationship with the Spirit of God, this study will help them to nurture and cultivate the fruit of the Spirit in their daily lives. (11 sessions)

### **Stepping Up When**

A detailed study of Psalms 120–134 engages participants in unique opportunities for personal reflection and worship while exploring the background/writer of each. (6 sessions)

### **Godly People Do Ungodly Things**

With 1 Samuel 12:20–25 as a guide, Christians can arm themselves against temptation and learn how to help other fallen believers. (6 sessions)

### **Esther: It's Tough Being a Woman**

Beth Moore's study on *Esther* peels back layers of history to show how very contemporary and applicable the story of Esther is to us. This portion of God's Word contains treasures to aid us in our hurried and pressured lives. (10 weeks)

## ☛ PARENTING STUDIES

### **Bringing Up Boys**

For a generation of boys at risk, Dr. Dobson's best-selling book is now an 11-part video seminar presented by Focus on the Family®! Ideal for small groups, Sunday schools, and church outreach events, *Dr. James Dobson's Bringing Up Boys Video Seminar* is an in-depth, practical, and entertaining series that will bring wisdom to anyone involved in raising the next generation of men. (12 sessions)

<http://www.bringingupboys.com/groupcurriculum.asp>

### **Shaping the Next Generation**

Designed to provide concerned parents of infants through 5<sup>th</sup> grades with the basic information, motivation, and tools they need to shape the character of their children. (8 sessions)

<http://www.christianbook.com>

### **Parental Guidance Required (Andy Stanley)**

While the culture around you may offer many suggestions about parenting, God has much to say about how to navigate the road ahead of you. Through this six-session study, God may give you clarity and insight into your relationship with your children as well as your children's relationships with others. (6 sessions)

<http://resources.northpoint.org/store/shop.do?cID=1>

### **Effective Parenting in a Defective World**

*Effective Parenting in a Defective World* will equip parents to help their children face the challenges of life in the 21st century. It is becoming more and more difficult to create a family environment in which children can learn God's ways. Despite the effects of this world God wants to equip parents to be effective leaders of their families. (9 sessions)

<http://www.christianbook.com>

### **Your Child: Essentials of Discipline**

Looking for workable advice on how to raise your kids? Here it is! Through interviews and vignettes James Dobson and other experts tackle topics vital to 21st-century parents. You'll discover wise counsel on effective discipline, self-confidence, and safeguards for a dangerous world. Learn how to grow and lead your sons and daughters--God's way. (12 sessions)

<http://www.christianbook.com>

### **Raising a Modern-Day Knight**

"How will your son learn what it means to be a man?" This question is at the core of *Raising a Modern-Day Knight*, a study based on Robert Lewis' best-selling book of the same name. You will receive a game plan for what your son needs to see, receive, experience, and hear for the first 21 years of his life. In this study, dads will get together to discover how to connect with their sons in life-changing ways, to understand the critical issues they face in becoming an effective and strategic father and to learn what they need to know to lead their sons into authentic manhood. (8 weeks)

[www.rmdk.com](http://www.rmdk.com)