

CAMPUS PAC SERIES "SOCIALIZING"

Making new friends at college is part of the college experience. However, attending a social function in an unfamiliar area, having no idea where you are, and being with people you know little about is high personal risk behavior. Below are some suggestions of ways to keep yourself safe.

1. Let someone know where you are going (roommate, best friend) or leave a note and remember to call that individual if there is a change in your plans. Being out of touch can result in your being inaccessible during an emergency (ex: fire in your residence, critical illness of a family member) or can cost precious time if you become involved in a serious predicament of your own.
2. When selecting a designated driver, select an individual you trust. Many times a great buddy can help prevent a great misadventure. The designated driver should not be the one who drank the least amount of alcohol but the one who hasn't had any alcohol to drink.
4. Be aware of your own personal risk factors. (Ex: cold medicine and alcohol have contraindications.)
5. One of the new illegal drugs on the market called "roofies" or "the new date rape drug" is showing up in the college-age population throughout the US. The drug can be slipped into a drink, is tasteless and odorless and renders the victim unconscious. The side effects from this drug mixed with alcohol can be fatal. Some things you should consider:
 - **NEVER** leave your drink unattended,
 - **NEVER** accept an open container
 - **NEVER** let someone else mix your drink.
6. Nice looking/acting people can do bad things. Don't leave a social function with someone you've just met.
7. Consider using the "buddy system" when going out. Don't leave an intoxicated friend to fend for himself/herself. Stay with them.
8. Letting an intoxicated friend "sleep it off" can end in tragedy. Be a good friend and get your buddy some help if he/she has had too much to drink and can't stay awake.

9. In any possible life-threatening situation call 911 if you are off campus and 1109 for Campus Police.

**SAFETY IS A TEAM EFFORT – JOIN THE "PAC" (Patriots Against Crime)
CAMPUS POLICE DEPARTMENT 661-1109**

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